Harold Sherman Adult Day Center

Before you arrive for your first day, make sure you have the following:

- ✓ All paperwork is complete and has been given to the Program Director or Healthcare Coordinator.

- ✓ The participant medical form is complete and **signed by the physician**.

- ✓ Bring at least one set of extra set of clothing to be kept at the center.

- ✓ Adult incontinent pads or undergarment - enough to address the daily needs of your loved one.

- ✓ Label all items that can be "taken off" i.e. coat, sweater, hats, gloves. If purses are sent, we urge you to keep important documents, money, and valuable items at home. We cannot be responsible for lost items.

- ✓ All medication (**prescription and over the counter**) that will be administered by the nurse(s) must have a pharmacy label containing the following: Participants name and address, Medication name and dosage, and directions.